

Queen's Athletics and Recreation - SGPS Package

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Part A – Contact Information

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- f. Department: Kinesiology and Health Studies
- g. Degree Program: Master of Science (Sport Psychology)

Part B – Group Description (limit 500 words)

Outline the purpose of your group and what you will use the fee for. Groups may want to outline their programming, goals and recent contributions to the Queen's Community to better illustrate to SGPS members why a fee is necessary.

Athletics & Recreation offers more than 23,000 different participation opportunities in a broad range of programs including intramurals, recreational clubs, varsity teams and clubs, fitness and aquatics programs, illustrating the vibrancy and importance of physical activity, sport and wellness as integral parts of campus life at Queen's. This fall, 3,537 (83 per cent) SGPS members accessed the Athletics and Recreation Centre (ARC), 752 participated in intramurals, and an additional 984 participated in clubs, fitness and varsity programs.

The ARC features a variety of amenities and services for SGPS members. In 2017-18, the facility was open 360 days, operating approximately 18 hours per day during the academic term and 15 hours per day during the non-academic term, providing access to SGPS members year round, including over the summer months and during holiday periods. The ARC includes a 2,700-seat main competition court, five gymnasias, studios, squash and racquetball courts, Kingston's largest fully accessible pool, and 24,500 square feet of cardio and strength facilities.

More recently, a major investment in and re-configuration of fitness spaces in the ARC included the addition of new climbing rigs and stretching areas, new equipment (12 new treadmills, 14 new stationary bikes and assorted weight equipment) and a new dedicated personal training area. The addition of three new gyms and a new fitness studio in Mitchell Hall will greatly improve access and availability of space to SGPS members. Growth continues in graduate student participation in our fitness, intramurals and clubs programs (see chart below).

As well as the ARC, A&R facilities include the newly revitalized Richardson Stadium, three additional turf fields, a running track and other athletic spaces on campus.

During the summer of 2018, A&R and SGPS executive members met to discuss ways in which A&R could further support graduate and professional students. As a result of this collaboration:

- ARC tours were added to the SGPS member orientation.
- A new Fitness Free For All specific for SGPS members was introduced.

- New programming (Aquatic and Intramural) was designed for SGPS members.
- A featured SGPS night was staged at a varsity basketball game, with targeted pre-event promotion and in-game activities for SGPS members and their families.

SGPS Participation Summary

Usage and participation stats for the service or body by Society Members (for the period May to April)	2016-17	2017-18
Number of unique SGPS member ARC visits	4,979	4,690
Total ARC check ins by SGPS members	124,414	135,690
Intramural participation by SGPS members	2596	2774
Number of unique SGPS members registered in intramurals	1,310	1,362
Number of SGPS members registered in summer intramurals	16.40%	49% (477 SGPS members out of a total of 973)
# of SGPS members registered in Recreational Clubs	456	592
# of SGPS members registered in Fitness & Wellness programs	262	308
# of SGPS members on Varsity Teams and Clubs	70	84 (10% of Varsity Team/Clubs)

Part C – Budgetary Breakdown

Outline exactly how the student fee will be spent. If your group is an organization external to Queen's University please also attach the latest copy of your organization's annual financial report or equivalent.

The SGPS student activity fee provides year-round access to A&R physical activity spaces, and opportunities for participation in a wide variety of programs and services designed to promote and facilitate the health and wellness of SGPS members.

These fees support aquatics, fitness programming, a wide variety of casual recreational drop-in programs, intramural participation as either an individual or team, a large number of recreational clubs with diverse offerings, varsity teams and clubs, and entry to ticketed Gaels events. In addition, the fee contributes to maintaining and adding new equipment, access to new venues (e.g. ARC South) and to keeping the venues open 360 days, operating approximately 18 hours per day during the academic term and 15 hours per day during the non-academic term (including summers and holidays)

Part D – Student Fee Questionnaire (limit 150 words per response)

1. Why is your group seeking a fee?

- a. Athletics & Recreation is seeking to maintain a fee in order to continue to provide the broad range of programs and services currently offered to and enjoyed by SGPS members. SGPS members are highly active in A&R programs, this fall, 3,537 (83 per cent) Queen's SGPS members accessed the Athletics and Recreation Centre (ARC), 752 participated in intramurals, and an additional 984 participated in clubs, fitness and varsity programs. This fee will allow those programs, services and access to athletic facilities to continue.
2. What direct benefit will SGPS members derive from granting your group a fee?
 - a. Continued year-round access to the ARC and A&R Programs as part of your SGPS membership, which includes:
 - i. 24,500 square feet of cardio and strength training facilities (including new equipment and workout spaces in 2018).
 - ii. Enhanced programming and gym availability in the newly renovated Mitchell Hall.
 - iii. Kingston's largest fully accessible pool.
 - b. Opportunity to participate in fall, winter and summer intramurals.
 - c. Casual recreation sport opportunities.
 - d. Discounts on fitness and wellness programs and access to Fitness Free For All weeks.
 - e. Free tickets to Gaels varsity home games.
 - f. SGPS-specific programming and services.

3. How is the dollar value of the fee related to the benefit you are proposing to provide?

The fee includes year-round access to A&R programs, services and facilities. The entire fee is directly related to the provision of programs, services and physical activity spaces that provide significant health and wellness benefits to each graduate student. Recent statistics from fall 2018 indicate that 83 per cent of SGPS members accessed the ARC during the semester. In addition, 970 SGPS members participated in summer intramurals, and 752 participated in intramurals this fall.

The value of the A&R fee is unparalleled compared to other facilities with similar amenities:

Queen's Athletics and Recreation Centre:
\$174.24 per year

GoodLife (Barrack Street):
\$429 per year (no pool or squash courts)

YMCA (Wright Crescent):
\$474 per year

4. When was your group established?

Athletics and Recreation was established in 1873.

5. If you have collected a fee in the past, what initiative and/or opportunities have you provided the Queen's Community with the collected funds?

A&R provides the following with funds collected:

- a. Provision of 23,000 fitness and wellness opportunities, including programs directly targeted to SGPS members.
- b. Continued access to the ARC, which includes:
 - i. 24,500 square feet of cardio and strength training facilities with a focus on upgrades featuring the latest trends in workout equipment (two turf areas with functional training systems featuring built-in lifting stations, fly away bars, pegboards, rock climbing boards, TRX stations, battle rope stations). 2019 has seen the addition of four new treadmills and a turf area Enhanced programming and gym availability in the newly renovated Mitchell Hall.
 - ii. Kingston's largest fully accessible pool.
- c. Opportunity to participate in intramurals.
- d. Enhanced and new facilities including artificial turf fields and revitalized Richardson Stadium.
- e. Casual recreation sport opportunities.
- f. Discounts on fitness and wellness programs.
- g. Free tickets to Gaels varsity home games.
- h. SGPS-specific programming and services.

Part E: Signatures from SGPS members

See attached.